



Tired of paperwork and phone calls? MyAnthem™ takes the hassle out of your health care.

Your life is busy enough. You don't need to work calls to your insurance carrier into your schedule. Update your address or check on claims at your convenience at anthem.com.

GET YOUR INFORMATION WHEN YOU NEED IT

Access your health plan services online through the secure MyAnthem site. Use MyAnthem to:

- Find a doctor or hospital
- Order a new ID card or print a temporary ID card
- View your benefits or check on a claim
- Change your address or primary care physician
- See if your medication is on the Anthem formulary
- Visit MyHealth@Anthem®, powered by WebMD®, for personalized health information, surveys and calculators
- Save money on health-related products and services with SpecialOffers@AnthemSM
- Get help making medical choices with decision-support tools

ESTIMATE YOUR MEDICAL COSTS BEFORE YOU RECEIVE CARE

Knowing the price of an item before you buy it is only common sense, right? We think so. That's why Subimo's Treatment Cost Advisor™ gives you the power to find reliable cost information for many common medical conditions and health care services.

FEEL CONFIDENT ABOUT YOUR DECISIONS

Your doctor tells you that you need to have a procedure done in the hospital. Instantly your mind's flooded with questions. How do I pick a hospital? Which hospitals specialize in my procedure? What exactly is this "procedure" anyway? Relax — Subimo's Healthcare Advisor® answers your questions so you can feel confident about your decisions.

SOUND GOOD?

Getting the information you need when you need it sounds like a pretty good deal, right? It's easy. Just go to anthem.com to register for hassle-free health care.



TAKE THE GUESSWORK OUT OF PRESCRIPTIONS*

Will my new blood pressure medication interact with my other prescriptions? Do I take it with food or on an empty stomach? What about side effects? With easy-to-use information on more than 11,000 drugs, Subimo's PharmaAdvisor™ gets you answers to your prescription questions fast.

*Available to Anthem Prescription Management members only.

SAVE MONEY ON THE HEALTH PRODUCTS AND SERVICES YOU USE

Log onto MyAnthem and click on SpecialOffers@Anthem to check out savings on health clubs and home fitness equipment, weight management and smoking cessation products and programs, prescription eyewear and laser vision correction, teeth whitening and veneers, hearing impairment products, allergy relief products and other over-the-counter medications, health and wellness books, as well as maternity and baby care items.

GET HEALTH INFORMATION WHEN YOU WANT IT

MyHealth@Anthem connects you to the Healthwise Knowledgebase — one of the most reliable health resources on the Web. It provides the tools you need to manage your chronic health conditions, keep fit, test your health IQ or check your health risk level, organize your health information, or track pregnancies and early childhood development. In addition, MyHealth@Anthem gives you quick, personalized access to:

- Self-improvement programs to help you achieve the goals you set for yourself, such as stopping smoking or eating a healthier diet
- A medical dictionary featuring more than 60,000 entries, to help you research conditions that concern you and your family
- Healthfinder®[®], a resource for reliable health information from the U.S. Department of Health and Human Services