



Activities and Athletics

Black Student Union

Sponsors: David Forbes (dforbes@stcharlessd.org),
Melissa Kohr (mkohr@stcharlessd.org)

When we meet: Every other Tuesday 2:30-3:30

Where we meet: C203

Associated costs: None

Prerequisites: None

What we want you to know about us: SCHS's Black Student Union is an open forum where students can talk about their cultural experiences in a safe space. As a club, we openly work on projects to help improve school togetherness and improve the high school experience of all students. Students should join SCHS BSU if they want to have a safe space to explore topics like race, diversity, equity, equality, inclusion, and identity. Also we have snacks.

Special events we participate in: SCHS Pie in the Face Competition and Finals Exemption Extravaganza

Social Media: Instagram BSUPride

Blue & White Ink (Creative Writing Club)

Sponsor: Tori Ramsey (toramsey@stcharlessd.org)

When we meet: Every other Tuesday at 2:30

Where we meet: A217

Associated costs: None

Prerequisites: None

What we want you to know about us: Creative Writing Club, also called Blue and White Ink, is a club run by and for students who enjoy reading and writing. We accept any skill level and work to improve ourselves through writing challenges with prizes. We collect pieces and publish student writing of all types on our website. Creative writing club is a safe space to be yourself, make friends, and push yourself as far as you please. We have leadership opportunities in addition to the fun we plan together - there is a space for everyone! If students can't make the meetings because they are busy with other clubs or activities, they can still be a member of the club and participate in our writing challenges and any parties or events we throw!

Social Media: Twitter @SCHSBWI

DECA

Sponsor: Judy Simmons (jsimmons@stcharlessd.org)

When we meet: TBD

Where we meet: A102

Associated costs: Students pay dues when they join. The dues cover MO and National DECA dues, a chapter t-shirt, and participation in local conferences.

Prerequisites: In order to be eligible to join DECA, students have to be enrolled in a Marketing class.

What we want you to know about us: DECA is an international organization that helps students build communications skills, leadership skills, and confidence while expanding their knowledge of marketing, finance, hospitality, and management. DECA members have fun, make new friends, have travel opportunities, and do things that will help them with their future!

Special events we participate in: DECA week during November; activities supporting MDA (Muscular Dystrophy Association) throughout the year

Social Media: Twitter @SCpiratedeca

FCA

Fellowship of Christian Athletes

Sponsors: Katie Kilker (kkilker@stcharlessd.org),

Dave Jones (dajones@stcharlessd.org)

When we meet: 2 times a month, TBD by students

Where we meet: C208

Associated costs: None

Prerequisites: Students need to be Christian and involved in at least one sport at SCHS

What we want you to know about us: FCA is a student run group. We meet every other week to discuss how being a Christian affects our sport and how being an athlete affects our Christianity and how the two work together. Students discuss how they can use their Christianity to be better athletes and how they can use their athletic ability to be stronger Christians. We have a fun group of students, we have fun together, we play games and we have snacks!

Social Media: Twitter @SCHSFCA

FBLA

Future Business Leaders of America

Sponsor: Bryan Doss (bdoss@stcharlessd.org)

When we meet: Two Times per month

Where we meet: A101

Associated costs: \$40 per year dues

Prerequisites: Must have been enrolled in a business course before joining

What we want you to know about us: FBLA is the largest business career student organization in the world. It is for any business student who wishes to compete academically in a business-related subject. FBLA holds competitions to recognize and reward excellence in a broad range of business and career related areas. We also do community service projects. Our club is impressive on your resume and scholarship applications. We welcome you for a change to get involved in the business department.

Special events we participate in: FBLA State and National Trips

Social Media: None

FCCLA

Family, Career, and Community Leadership

Sponsors: Daniele Munzer (dmunzer@stcharlessd.org),

Liz Laley (llaley@stcharlessd.org)

When we meet: one Thursday before school and one Thursday after school per month

Where we meet: C101

Associated costs: Possible dues of \$25

Prerequisites: Must have at one point taken or is in FACS course (FACS in 7th or 8th; Foods, Child Development, Fashion Design and Construction, Housing, Human Relations, Career Pathways in Teaching)

What we want you to know about us: FCCLA chapters represent high schools in a national network that supports leadership opportunities for students enrolled in a FACS class. Joining FCCLA is the ultimate experience to expand leadership potential in your family, career planning for the future and community involvement. We do several outreach volunteering projects (examples include raising money to buy turkeys for families in need during the Thanksgiving season; Ronald McDonald house, Crisis Nursery, etc). You should join this club to learn leadership skills while giving back to our community.

Special events we participate in: No Hunger Holiday and various other fundraisers and projects.

Social Media: Twitter @StCharles_FCCLA

FTA

Future Teachers of America

Sponsor: Daniele Munzer (dmunzer@stcharlessd.org)

When we meet: AIP, Before school or after school 1 time a month

Where we meet: C104

Associated costs: None

Prerequisites: None

What we want you to know about us: This club is a great way to learn about what it takes to become a teacher. We talk about scholarship opportunities, colleges, and various content areas. There are field trips that we do where you get to observe in a classroom for a full school day at a choice location to shadow educators (teachers, counselors, administration) on various levels of teaching. They find out whether they are suited for a career in education and, if so, what grade/discipline would best suit their strengths. Join this club so that you can get information and hands on experience working in the field of education!

Special events we participate in: We do full day field trips to observe with teachers at various levels.

Social Media: None

HOSA

Future Health Professionals

Sponsor: Jim Scott (jscott@stcharlessd.org)

When we meet: TBD

Where we meet: B103

Associated costs: HOSA Membership fee \$20

Prerequisites: Open to any student interested in the healthcare field. Enrollment in PLTW Biomedical Science classes is preferred but not required.

What we want you to know about us: We are looking to build our membership. We plan to attend and compete at state events. Exposure to medical professionals in the healthcare field and networking capability. It is an excellent addition to college applications.

Social Media: None

Follow us on Twitter
@SCHSActivities



Join our Parent FB Group

Search SCHS Activities Parents Group

Key Club

Sponsor: Emily Russell (erussell@stcharlessd.org)

When we meet: B Day Tuesdays @ 2:25

Where we meet: A13

Associated costs: \$14 Dues

Prerequisites: None

What we want you to know about us: Key Club is an international organization in which members organize and execute service projects for their school, community, and world. Students will gain volunteer experience, leadership skills, and friendships with others who share their values. Students should join Key Club to connect with their peers who share their interest in serving their school, their community, and their world.

Special events we participate in: Annual Red Cross Blood Drive, Bee Kind Initiative, Community Leaf Raking Project, School Recycling

Social Media: Instagram @schs.key.club

LGBTQ+ Alliance

Sponsor: Laura Lopez-Reese (lreese@stcharlessd.org)

When we meet: Every Monday @ 2:20

Where we meet: C3

Associated costs: None

Prerequisites: None

What we want you to know about us: The LGBTQ + Alliance club is open to any LGBTQ member and alliances. We focus and discuss issues within the LGBTQ community, we practice acceptance and provide a safe environment for members. We also do many activities to help promote self-care and encouragement. There is a confidentiality agreement so members' identities are protected. Please join if you want to have a space to feel comfortable and safe, and be yourself using the pronouns that you prefer.

Social Media: None for Privacy

Mu Alpha Theta

Sponsor: Rachel Madden (rmadden@stcharlessd.org)

When we meet: Once a month after school

Where we meet: Library

Associated costs: \$10 yearly membership fee

Prerequisites: Attend 3/4 of monthly meetings. Be enrolled in Algebra 2 or higher and take four years of math in high school. Have a math GPA of 3.0.

What we want you to know about us: The goal of Mu Alpha Theta is to promote mathematics in the school and community. We meet monthly to explore mathematics problems and careers related to mathematics. In the future, we plan to participate in math competitions and provide tutoring services. We also have a yearly field trip and you receive recognition at graduation for participation in the honor society. Students should join Mu Alpha Theta if they love math and are interested in a math-related career.

Social Media: None

NHS

National Honor Society

Sponsor: Tammy Orrick (torrick@stcharlessd.org)

When we meet: 2nd Tuesday of the month @ 6:45

Where we meet: Library

Associated costs: Induction/Club fee of \$15.00 (one time)

Prerequisites: Candidacy begins with cumulative grade point average of 3.5 as a Sophomore / Junior, with no Discipline issues. Round 2 Involves students' identifying how they are involved in/outside of SCHS (activity points). Round 3 Teacher/Coach/Sponsor evaluation of students as leaders in/outside of the classroom. Finally Round 4 NHS Selection committee evaluates candidacy and chooses members based on data collected during rounds 2 & 3.

What we want you to know about us: National Honor Society is a nationally recognized leadership organization with a focus on the four pillars of Scholarship, Leadership, Character, Service. To make a positive impact in the lives of those at St. Charles High School & in our community.

Social Media: Twitter @SCHSNHS14

Renaissance

Sponsors: Denise Freeman (dfreeman@stcharlessd.org),
Mike Freeman (mfreeman@stcharlessd.org)

When we meet: TBD

Where we meet: A6 or Cafeteria

Associated costs: Purchase a T shirt

Prerequisites: None

What we want you to know about us: St. Charles High School is proud to be Missouri's first Renaissance High School. Renaissance is a program designed to recognize and reward student's academic achievement and positive behavior. The Renaissance Steering Committee is a group of students that assist with the SCHS Renaissance program. The Steering Committee meets once a month after school and during one or more AIPs each month. Some of the things the committee is responsible for are Student of the Month, college banners, incentive cards for academic achievement, Halloween trunk or treat and Prom for special needs students from our district, fund raising, homecoming float, and Evening With the Stars recognition for seniors.

Renaissance recognized students who achieve the following each semester of high school:

- 3.0 or higher GPA with no grades lower than a C
- No unexcused absences
- No more than 5 tardies
- No more than 2 detentions
- No major discipline including but not limited to academic dishonesty, Saturday detentions, ISS or OSS

Special events we participate in: The committee is responsible for Student of the Month, college banners, incentive cards for academic achievement, Halloween trunk or treat and Prom for special needs students from our district, fund raising, homecoming float, and Evening With the Stars recognition for seniors.

Social Media: None

Sister Cities Exchange

Sponsor: Jonathan Flaxbart (jflaxbart@stcharlessd.org)

When we meet: Exchange Program

Where we meet: N/A

Associated costs: You are expected to provide meals and lodging for the student you host and then to purchase your own plane ticket if you want to go to Europe.
Prerequisites: None, You can still participate / host an exchange student and NOT go over to Europe.

What we want you to know about us: Every year students come to SCHS from either Ireland OR Germany and are here for 2 weeks. They need places to stay while they are here and then anyone who hosts gets to go stay with them and their family for 2 weeks over spring break (Irish) OR summer (Germans). Students bring their exchange student with them to school everyday and Sister Cities takes them out on field trips. On weekends, they do whatever their host family would normally do. This is a great way to meet someone from a different country and learn about their culture. It is one of the cheapest ways for a student to travel abroad since all of the room/board/activities are paid for when they go to Europe...just the cost of a plane ticket.

Social Media: None

Student Council

Sponsor: Skye Reichert (sreichert@stcharlessd.org)

When we meet: 2:30 pm every other Monday

Where we meet: A219

Associated costs: None

Prerequisites: None

What we want you to know about us: If you love to party, want to get involved and have a good time. STUCO is for you. We plan school wide events and activities that happen throughout the year. This is your chance to show your leadership and be creative. If you want a say in the school or just have some great ideas, this is where you go to get things done!

Special events we participate in: Homecoming and Winter Informal

Social Media: None

Contact us

Activities Director

Corey Hahn through June 30
chahn@stcharlessd.org
636.443.4194

Ben Owens starting July 1
bowens@stcharlessd.org
636.443.4194

Activities Secretary

Andrea Irizarry
airizarry@stcharlessd.org
636.443.4180

Trainer

Dylan Clamors
dclamors@stcharlessd.org
636.443.4168

Orchestra

Sponsor: Amanda Davis (adavis@stcharlessd.org)

When we meet: 6th or 7th block

Where we meet: A109

Associated costs: no

Prerequisites: Experience playing a string instrument

What we want you to know about us: The St. Charles High School orchestra program provides students with a variety of opportunities to develop individual and ensemble skills and talents through performance oriented experiences and to develop a greater appreciation of music through academic music classes. The orchestra performs multiple times a year; performance opportunities include the Disney Dazzle, a winter and spring concert, a state music festival, a Solo and Ensemble music festival, an elementary music tour, the All District orchestra festival, and more! The orchestra is a great place for music exploration, unlocking creativity, building confidence, expressing your emotions, and creating lasting friendships.

Social Media: Twitter @adavis2806



VISUAL & PERFORMING ARTS ACTIVITIES

Choir

Sponsor: Courtney Gibson (cgibson@stcharlessd.org)

When we meet: regular class

Where we meet: A1

Associated costs: \$10 annual choir fee and uniform/T-shirt fees

Prerequisites: All you need to do is enroll in choir when you fill out your yearly enrollment form

What we want you to know about us: We are one of the largest organizations on campus. We do three concerts per year, and we go on field trips to perform and promote our choirs. This year, we are planning a weekend trip to Chicago! Choir is a great way to get involved at school, meet new people, and become a better singer. Since this is a class that happens within the regular school day, it makes it easy to be involved in additional activities, sports, or have an after school job.

Special events we participate in: Broadway Night, Winter Concert, Spring Concert, Madrigal Night, Winter Musical

Social Media: None

Band and Color Guard

Sponsor: Sean Bippen (sbippen@stcharlessd.org) & Mr. Collier

When we meet: During school, T/Th nights

Where we meet: Band Room

Associated costs: There is a participation fee but is usually covered by fundraisers

Prerequisites: Any instruments (brass, woodwinds, drums, guitar, bass, piano) accepted. Orchestra & Choir members are encouraged to join the Color Guard! Physical is required.

What we want you to know about us: Marching Band is one of the most visible groups at the school performing at football games and competitions. Also, the band is traveling to DISNEY WORLD in the Spring of 2023! All marching band members and Color Guard members are able to participate in this EXCITING trip!! Join us to make new friends! Go on cool trips! Make great music!

Special events we participate in: Disney World Trip - Spring 2023

Social Media: Twitter @StCharlesBand



Pirate Players

SCHS Drama Club

Sponsor: Nick Saubers (nsauber@stcharlessd.org)

When we meet: Monthly activity-based meetings TBD

Where we meet: Auditorium

Associated costs: None

Prerequisites: Students must be in good disciplinary standing (no ISS or greater discipline).

What we want you to know about us: The Pirate Players are the official theatrical organization of Saint Charles High School. We sponsor the annual Fall Play and the Spring Musical for the Performing Arts Department! All students are welcome, we have acting, singing, dancing roles! We also have technical jobs such as: lighting, set designing and building, costume design, makeup and wigs and much MUCH more! The play and musical work around most sports, clubs, and activities! The Pirate Players have amazing events each month where we play acting games, go to plays at other schools, have fun outings like a corn maze, crazy mini golf, etc. It's a great way to meet new people and have your chance to SHINE on stage or play an important part "Behind the Scenes!"

Special events we participate in: Fall Play and Spring Musical

Social Media: Twitter @PlayersSchs

Art Club

Sponsor: Kerrien Sampson (ksampson@stcharlessd.org)

When we meet: Every Thursday 2:20-3:20

Where we meet: A17

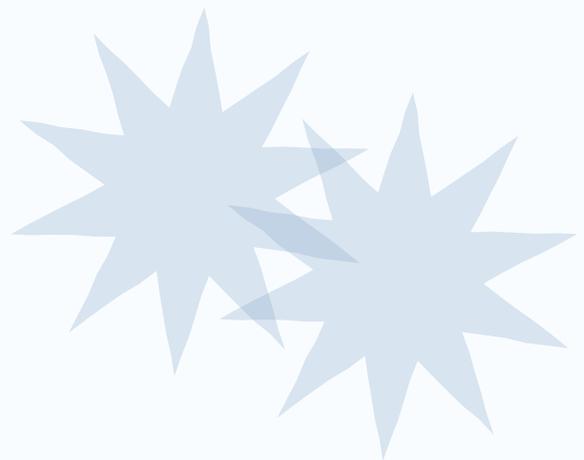
Associated costs: None

Prerequisites: This club is open to everyone & All skill levels are welcome

What we want you to know about us: Art club is a place where students can come and be themselves. You should come in to meet new friends & have a place to be creative in your own way. You can create something different than you would in an art class. You can come hang out with other creative people who also enjoy making art for fun. Also come and learn something new, or just enjoy making art.

Special events we participate in: We have periodic events where we do specific projects like tie-dye

Social Media: Instagram Art schs



SPORTS

Baseball

Coaches: Varsity Brad Bichel(bbichel@stcharlessd.org)
Jacob Holtgraewe (Varsity Assistant),
Jacob McGillicuddy (JV) &
Matt Couch (Freshman)

When we meet: Spring Season (3 days a week in winter)

Where we meet: Blanchette Park

Associated costs: None

Prerequisites: Athlete has played baseball prior to entering high school.

What we want you to know about us: Any student athlete who has competed in baseball that wants to compete for district championships every year should join the baseball program. We want players who have a strong work ethic, good character, and want to win.

Social Media: Twitter @StCHSBaseball

Boys Basketball

Coaches: Varsity Rick Foster (rfoster@stcharlessd.org)
Mark Budde (Varsity Assistant)
Todd Dutton (JV), David Forbes (Freshman)

When we meet: Winter Season

Where we meet: Main Gym

Associated costs: None

Prerequisites: Athlete has played basketball prior to entering high school.

What we want you to know about us:

Basketball is the greatest game on earth & one of the most successful here at St Charles High School. 2015 State Champions- 8 GAC North Champions

Special events we participate in: Summer Basketball Camps

Social Media: Twitter @StCharlesHoops

Girls Basketball

Coaches: Varsity TBD , Blake French (Asst. Varsity)
Abby SchulteHenrich (JV),
Jim Scott (Freshman)

When we meet: Winter Sports Season

Where we meet: Main Gym

Associated costs: None

Prerequisites: Our program is seeking out competitive individuals that love the game regardless of skill.

What we want you to know about us: The SCHS girls basketball program is a close-knit family that prides itself in hard work and being competitive. We are looking for individuals that put their teammates ahead of themselves and give consistent effort everyday. Join basketball to enhance your skills and to be a part of something bigger than yourself.

Social Media: Twitter @SaintCharlesGBB

Cheer

Coaches: Natalie McDowell (natalie24601@gmail.com)
When we meet: Fall/Winter Season (3 days a week practices)

Where we meet: AUX Gym

Associated costs: Approximately \$200 for new members for gear for the first year. (Shoes, backpack, bow, Poms, shorts, practice wear, etc.)

What we want you to know about us: Being a cheerleader is so much more than standing on the sidelines and cheering on your team. Aside from the physical skills it takes to stunt, jump and tumble, being a cheerleader teaches you practical life skills like discipline, teamwork and goal setting, all while building confidence. Cheerleading is amazing because it is truly a team sport. Every single cheerleader is important to the success of the team. Cheerleading creates an incredibly strong bond between teammates. Cheerleading is like any other sport because you literally depend on your teammates to catch you. Knowing that you will do whatever it takes to keep your teammates safe creates an unbreakable bond that will last a lifetime. We have such an amazing cheerleading team here at SCHS. Everyone is so kind and welcoming, and it is an extremely positive environment!

Social Media: Twitter @schsvcheer

Cross Country

Coaches: Varsity Justin Heinen
(jheinen@stcharlessd.org),
Abby Schulteheinrich (Asst. Varsity), Paul
Wright

When we meet: Fall Sports Season

Where we meet: SCHS Stadium

Associated costs: None

Prerequisites: Willing to set goals and accomplish them

What we want you to know about us: You can be a part of a great group of athletes that will possibly become lifelong friends. We are a close knit group that enjoys having fun together, making new memories, and helping each other get better. You will create lasting relationships in a fun, laid back sport, where you are guaranteed to see improvements.

Social Media: Twitter @SCHSTandF

DanceLine

Coach: Tara Higgins

When we meet: Year Round (T/Th 2:45-4:30)

Where we meet: AUX Gym

Associated costs: Dancers will purchase shoes, clothes, and camp fees (we will fundraise as well)

What we want you to know about us: If you are looking for friends that will become like family, then DanceLine is for you. We are a place where you can express yourself through movement, discipline, and fun. No matter the troubles of your world, DanceLine is a place for you to be you. We attend all home football and basketball games and participate in dance competitions. We are looking to expand the program and create a really good name and reputation, as well as win a competition next season. You also get to wear cute costumes and uniforms. And because Mrs. Higgins is a really fun coach who cares about you.

Special events we participate in: We host a parents night off event in the winter, SCHS Variety Show, and Kiddie Camp. In the summer, we fundraise with other events, such as a car wash.

Social Media: Twitter @schsdanceline

Esports Cyber Corsairs

Coaches: Joseph Messina (jmessina@stcharlessd.org) & Tori Ramsey

When we meet: M-F 2:30-4:00 pm **Where we meet:** Esports room

Associated costs: Around \$35 to buy a jersey. 1 jersey can make it through all 4 years

A positive attitude

What we want you to know about us: The Esports team is THE BEST team at the school because WE PLAY VIDEO GAMES! Tell your parent: "Sorry, I need to stay after school to play games." We are the most inclusive team in all of SCSD. We are a coed team, and we welcome all players from all backgrounds and skill levels. We are also a competitive crew, participating in state-level leagues as well college-hosted events. Streaming and social media is another major development for us - so we do have positions for streamer-focused students. Going to high school can be pretty hard, especially if you do not know anyone. This team is here for you both in real life and in virtual space. Whether it is homework issues, people to sit with at a lunch table or finding an opponent to really challenge your game, the Esports team is the group to join. We play all year long, as there are different seasons to Esports. You are welcome to come for only the seasons you are interested in or stick around and enjoy the culture for the full year. This is also a way that high performing students can get college scholarships for playing major titles. If you are interested in gaming/streaming and want to make friends while doing it, come in check us out.

Special events we participate in: Smash local tournament at SLU - every Wednesday, Culver-Stockton Tournaments - Generally twice a month, Weekly Inter-state competition, Attend State Finals as players or spectators (1-2 per season)

Social Media: Facebook - Cyber Corsair Nation, Twitter - @Cyber_Corsairs, YouTube - SCHS Esports, Twitch - SCHSCyberCorsairs, Instagram: cyber_corsair

Football

SCHS is currently hiring a new head coach. Information will be available soon.

Golf

Coaches: Michael Zachies
(mzachies@stcharlessd.org),
Ryan Hanmore (Asst)

When we meet: Spring Sports Season

Where we meet: Cave Springs Driving Range &
St. Peters Golf Course

Associated costs: Bring personal Golf Clubs, must
purchase uniform

What we want you to know about us: Golf is a fun
enjoyable sport. It is a great way to learn the game and
not have to worry about covering all the costs of
hitting balls at the range and paying for rounds of Golf.
You will have the opportunity to travel around the area
to play different courses and create long lasting
friendships with other students who enjoy playing the
same sport you do and you can continue to play Golf
over the course of your lifetime.

Special events we participate in: The Bogey Hills
Tournament for the High School Varsity Golfers in the
area

Social Media: Twitter @SCHSGolf22

Boys Soccer

Coaches: Varsity Todd Rakonick
(trakonick@stcharlessd.org), Ben Boyd (Asst. Varsity),
Derek O'Donnell (JV)

When we meet: Fall Sports Season Where we meet:
Stadium Turf

Associated costs: Team fee of \$50

What we want you to know about us: The soccer
program welcomes all individuals that are ready to put in a
100% work rate. Previous playing experience (select teams,
indoor teams, training, etc.) is always encouraged for an
easier transition to the high school level of play. Joining our
soccer program will provide the individual with the
following: a good training schedule, an opportunity to meet
new friends, an opportunity to develop their social &
character skills, an opportunity to represent their high
school on and off of the field (set examples for younger
students-serve as role models for others)

Social Media: Twitter @scpiratesoccer

Girls Soccer

Coaches: Varsity Rodney Orrick
(rorrick@stcharlessd.org) Alex Baez (Asst. Varsity),
JV Coach Todd Rakonick (trakonich@stcharlessd.org)

When we meet: Spring Sports Season

Where we meet: Stadium Turf

Associated costs: Practice gear to be purchased,
personal soccer gear

What we want you to know about us: We
have both JV and V teams, and in 2021 we were
state finalists. Join us because you have passion
for the game and want to be part of something
bigger than you.

Social Media: Twitter @SCHSfooty

Softball

Coaches: Varsity Dave Jones
(dajones@stcharlessd.org)

Jacob Holtgraewe (Asst. Varsity), Brad Bichel (JV)

When we meet: Fall Season, M-F during the
season, 2:45-4:45

Where we meet: Kiwanis Park

Associated costs: None

Prerequisites: None

What we want you to know about us: Great
team sport, compete and learn the game of
softball

Social Media: Twitter @SCHSsoftball1

Girls Swim

Coach: Lisa Graham (lgraham@stcharlessd.org)

When we meet: M-F 3:30-5:00

Where we meet: YMCA, 3900 Shady Springs Ln, St Peters, MO

Associated costs: Swimmer must purchase their own team suit & goggles. They can also purchase team merchandise. Swim Cap, parka or jacket are provided for swimmers to use during the season.

Prerequisites: None

What we want you to know about us: Our team is made up of hard working teammates who work together to form greatness. We are all different levels in swimming that come together to bond and become winners!! We are more than a team, we are a family that builds relationships that last a lifetime. "It's not the team with the best players that win. It's the players with the best team that wins!!!"

Social Media: TBD

Boys Tennis

Coach: Jonathan Flaxbart

(jflaxbart@stcharlessd.org)

When we meet: Spring Sports Season

Where we meet: Blanchette Park (Practices),
McNair Park (Home Matches)

Associated costs: Provide own tennis racquet

What we want you to know about us: Tennis is a sport that anyone can learn and continue to play for the rest of their life. You can earn scholarships to play tennis in college as well. All are welcome and there are no benchwarmers. Even the worst player on the team is guaranteed to play every single match.

Social Media: Twitter @SCHStennis

Girls Tennis

Coach: Jonathan Flaxbart

(jflaxbart@stcharlessd.org)

When we meet: Fall Sports Season

Where we meet: Blanchette Park (Practices),
McNair Park (Home Matches)

Associated costs: Provide own tennis racquet

What we want you to know about us: Tennis is a sport that anyone can learn and continue to play for the rest of their life. You can earn scholarships to play tennis in college as well. All are welcome and there are no benchwarmers. Even the worst player on the team is guaranteed to play every single match.

Social Media: Twitter @SCHStennis

Boys Track

Coaches: Varsity Justin Heinen

(jheinen@stcharlessd.org),

Mike Freeman (Asst.), Rick Foster (Asst.),

Nigel Kinworthy (Asst.), Larry Roland (Asst.),

Paul Wright (Asst.)

When we meet: Spring Season, M-F 2:40-4:30

Where we meet: SCHS Track

Associated costs: None

Prerequisites: Everyone is welcome

What we want you to know about us: Track and Field has 19 events you can compete in, regardless of your athletic ability, we can find an event that you will enjoy from sprinting, running long distance, jumping, or throwing events. Even if you just want to get faster for another sport that you play, we will help you get faster and reach your goals. Track and field is a fun, laid back sport where everyone gets a chance to participate.

Social Media: Twitter @SCHSTandF

Girls Track

Coaches: Varsity TBD
(jheinen@stcharlessd.org)
Mike Freeman (Asst.) , Rick Foster (Asst.),
Nigel Kinworthy (Asst.),
Larry Roland (Asst.), Paul Wright (Asst.)

When we meet: Spring Season, M-F 2:40-4:30

Where we meet: SCHS Track

Associated costs: None

Prerequisites: Everyone is welcome

What we want you to know about us: Track and Field has 19 events you can compete in, regardless of your athletic ability, we can find an event that you will enjoy from sprinting, running long distance, jumping, or throwing events. Even if you just want to get faster for another sport that you play, we will help you get faster and reach your goals. Track and field is a fun, laid back sport where everyone gets a chance to participate.

Social Media: Twitter @SCHSTandF

Volleyball

Coaches: Varsity Erin Strein
(estrein@stcharlessd.org)
Jordyn Grandolfo (Asst. Varsity), Sadie Kosciuk (JV),
James Egbert(Freshman)

When we meet: Fall Season

Where we meet: Main Gym

Associated costs: Summer Camp is \$40

Prerequisites: None

What we want you to know about us: SCHS Volleyball is a Family that looks out for each other. We have fun while working hard and pushing each other to do their very best. Volleyball is a great way to get involved in high school and meet some amazing young women. We are STUDENT athletes that hold grades and behavior in school to a high standard. Special events we participate in: We do have tournaments on the weekends in September and October.

Social Media: Twitter: @pirate_schs Instagram: schsvolleyball_

Boys Wrestling

Coaches: Kevin Dill (kdill@stcharlessd.org),
Ryan Hanmore (Asst) Nate Peimann (Asst),
Paul Imbierowicz (Asst) &
Eric Michael(Asst)

When we meet: Winter Season

Where we meet: Wrestling Room

Associated costs: None

Prerequisites: None

What we want you to know about us: Wrestling teaches hard work, self-improvement, and sense of accomplishment. It is an individual and a team sport. It will help improve all other sports you participate in as well.

Special events we participate in: Wrestling camp in the summer, Off season Practices, Weight Room in the Spring and Summer

Social Media: Twitter @schswrestling14

Girls Wrestling

Coaches: Nigel Kinworthy (nkinworthy@stcharlessd.org),
Ryan Hanmore (Asst), Nate Peimann (Asst),
Paul Imbierowicz (Asst), Eric Michael(Asst)

When we meet: Winter Season (M-F 2:30-4:30)

Where we meet: Wrestling Room

Associated costs: None

Prerequisites: None

What we want you to know about us: It is never too late to start wrestling and it is an AMAZING way to pay for college. Girls wrestling is the fastest growing sport in the country and was started at St. Charles High not that long ago. In 2021, SCHS had their first State Champion in Girls Wrestling. Sabrina King was 32-0 with 32 pins, earning her a Wrestling Scholarship to Central Methodist University. The St. Charles Girls Wrestling team has also won 4 out of the first 5 Gateway Athletic Conference Tournaments, beating schools like Francis Howell, Fort Zumwalt and Wentzville. Wrestling is a close knit family atmosphere, fun with friends, and an opportunity to pay for college.

Special events we participate in: SCHS Tournament, Summer Wrestling Camp

Social Media: Twitter @schswrestling14

