



# CBIZ Flex

## Hours of Operation

Monday-Thursday 8:00 AM to 8:00 PM EST  
Friday 8:00 AM to 6:00 PM EST

## Toll Free Phone Number

800-815-3023, option 4

## Toll Free Fax Number

800-584-4185

## Email

[cbizflex@cbiz.com](mailto:cbizflex@cbiz.com)

## Address

Attn: Flex  
2797 Frontage Road  
Suite 2000  
Roanoke, VA 24017

## Employer Website

<https://myplansadmin.cbiz.com>

## Employee Website

<https://myplans.cbiz.com>